

9th PHYSICAL EDUCATION WEEK-2023

PROGRAMME

DAY-1:12/01/23 (THURSDAY) : CELEBRATION OF SWAMI VIVEKANANDA BIRTHDAY AS “NATIONAL YOUTH DAY”

Convener of the Programme: Dr. Lakshmi Narayan Kaibarta, Assistant Professor, S.I.P.E.W.

- ✚ 8.00 A.M.: Road rally with the image of Swami Vivekananda.
- ✚ 11.00 AM: Speech on life & works of Swami Vivekananda:
Speaker - Prof. Dilip Kumar Bandopadhyay (Retd. Prof.), Dept. of Physical Education, Kalyani University.
- ✚ 11.30 AM: Speech Competition on “Swami Vivekananda and youth affaires” for SIPEW Students.

DAY-2: 13/01/23 (FRIDAY) : HEALTH AWARENESS AND THALASSEMIA DETECTION CAMP

Convener of the Programme: Dr. Subhra Basak, Assistant Professor, S.I.P.E.W.

- ✚ 11.00 AM: Speech on ‘Importance of Thalassemia Test’;
- ✚ 12.00 PM: Thalassemia Detection Test Camp for students.

DAY-3:14/01/23 (SATURDAY): RE-UNION DAY FOR ALUMNI OF SIPEW

Convener of the Programme: Dr. Putul Mondal, Associate Professor, S.I.P.E.W.

- ✚ 11.00 AM: Registration
- ✚ 11.30 AM: Welcome reception to alumni and Guests; Introductory ceremony & award distribution
- ✚ PM: General Body Meeting
- ✚ 2.00 PM: Outdoor Activities; (i) Exhibition Volleyball match between Alumni & Present students; (ii) Exhibition Volleyball match between Students & Staff;
- ✚ 3.30 PM: Cultural Programme by the Alumni and present students.
- ✚ 4.30 PM: Closing Ceremony.

DAY-5:16/01/23 (MONDAY) : ZUMBA DANCE WORKSHOP

Convener of the Programme: Dr. Uma Datta, Associate Professor, S.I.P.E.W.

Experts of the Workshop: Dr. Bidya Roy, Assistant Professor & Zumba Expert, N.B.S.M., Bishnupur

- ✚ 7.30 AM : Assembly and Warm-up activities
- ✚ 8.00 AM : Training Session.

DAY-6: 17/01/23 (TUESDAY) : PROJECT ATHLETIC MEET

Conveners of the Programme: Dr. Rajarshi Kar, Assistant Professor, S.I.P.E.W.

Dr. Pallob Kumar Mondal, Assistant Professor, S.I.P.E.W.

- ✚ 11.30 AM: Opening Ceremony, Flag Hoisting, March past, Torch lighting, Opening of the Meet, Oath taking, Chief Guest speech, March Out
- ✚ 12.15 PM : Competitions on selected athletic events,
- ✚ 2.30 PM : Medal & certificates distribution, Announcement of Champion House,
- ✚ 3.00 PM : Flag down & closing ceremony.

DAY-7: 18/01/23 (WEDNESDAY) : PLAY DAY FOR THE SCHOOL CHILDREN

Convener of the Programme: Dr. Karuna Sana, Assistant Professor, S.I.P.E.W.

- ✚ 12.00 PM : Assembly of the school children & Introduction of Play Day programme
- ✚ 12.30 PM: Distribution of students in different play houses
- ✚ 12.45 PM: Active participation in joyful play activities and games;
- ✚ 2.00 PM: Closing ceremony.

Dr. Somshankar Chatterjee

Assistant Professor

Convener

Physical Education Week 2023

Dr. Pintu Sil

Officer-in-Charge

State Institute of Physical Education for Women

Hastings House, Kolkata